

# July E-Newsletter

## Hello Everyone (please scroll down)

### Saanich Strawberry Festival



**Strawberry Festival – Sunday, July 7, 2019 (11am - 3pm)**

We will have a booth at the Strawberry Festival to show what Saanich Volunteer Services is all about and to recruit volunteers.

Many thanks to Linda, Anne, Ashley, MJ and Haji who are coming out to help.

### Sharpen Your Driving Skills



Beacon Community Services is offering a **free driver's training** program for our volunteer drivers 55+ on Tuesday, July 23<sup>rd</sup> from 8:30am-4:00pm at the Shoal Centre for seniors - 10030 Resthaven Dr. in Sidney. **Lunch will be included.**

Even if you have not been involved in a collision in 40 years, it may be time to review your driving skills. With aging, changes occur in hear, vision, flexibility and reaction time. You can learn to adjust your skills to compensate for these changes. This program is put on by Roadmasters Safety Group Inc.

Please contact Cherie at [cov@saanichvolunteers.org](mailto:cov@saanichvolunteers.org) if you are interested in signing up.

### Receptionists Meeting



Our next Front Desk meeting will be on Friday, July 26<sup>th</sup> from 10am-12:00pm. Refreshments will be served.

All receptionists are invited to this social event and to discuss matters relating to the front desk. Our receptionists always have good ideas on how to make things better for our clients, our volunteer drivers and our organization.

Please let Cherie know if you can attend.

## Companion Visitors Meeting



Our companion volunteers are invited to a meeting on Wednesday, July 31<sup>st</sup> from 10am-12pm. Refreshments will be provided.

SVSS staff: Client Services Coordinator – Linda Dawson Reid, Client Services Outreach Worker – Peggy Hancyk and Coordinator of Volunteers – Cherie Miltimore look forward to meeting you.

## Saanich Cadboro Bay Festival



**Cadboro Bay Festival - Sunday, Aug 11, 2018 (11am - 3pm)**

We will have a booth at the Cadboro Bay Festival to show what Saanich Volunteer Services is all about and to recruit volunteers.

We would love you to come and help out. Please contact Cherie if you can come for a two hour shift.

## News From Sandi

Sandi worked as our office coordinator for a couple of years and then took leave last summer for health reasons. She has sent the following message to let us know how she is doing.

“I have struggled with bad lungs my whole life, as did my Mother and Aunt. I need a double lung transplant urgently. I



have been on the list now for 9 months, and the wait is awful. Hope is all I thought I had.

But then something wonderful happened, I got in touch with Community Care. Suddenly, I have a physiotherapist, a community nurse, a social worker, and LifeLabs coming to me. I have a wonderful counselor from Hospice to help me through my “end stage” journey and she helps me keep the ‘dark thoughts’ out of my head. I have volunteers helping me get around and even the weekly phone calls lift my spirits.

I am very grateful for all the caring folks from all the organizations which ensure I stay strong until that transplant call comes.

Love to you all....Sandi”